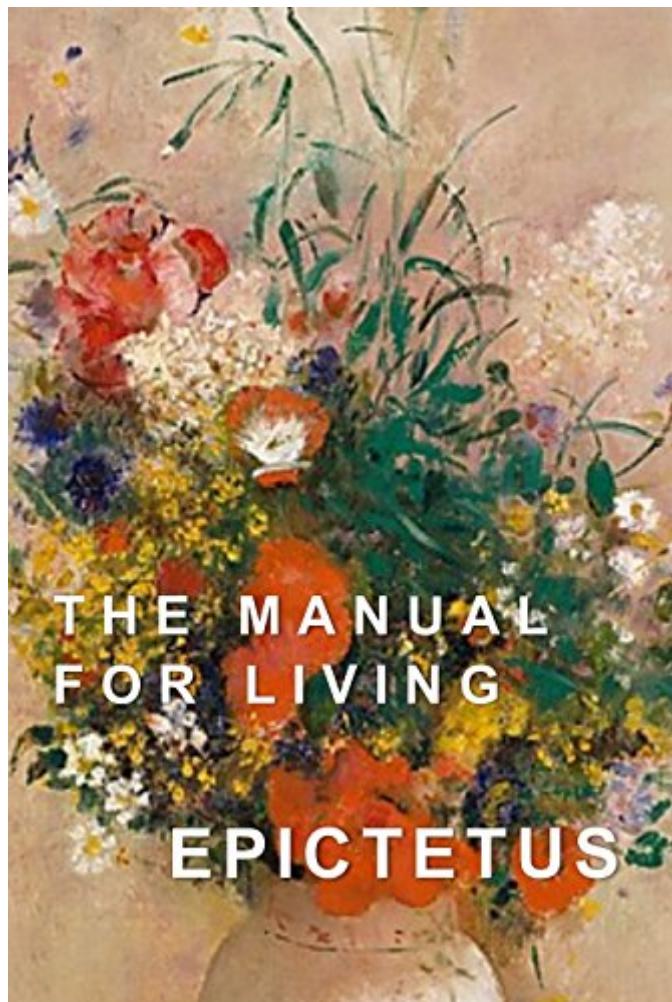


The book was found

The Manual For Living



Synopsis

Beautifully formatted with an Active Table of Contents for easy maneuverability throughout the eBook. The Manual for Living of Epictetus is a short manual of Stoic ethical advice compiled by Arrian, a 2nd-century disciple of the Greek philosopher Epictetus. For many centuries, the Enchiridion maintained its authority both with Christians and Pagans. Two Christian writers—Nilus and an anonymous contemporary—wrote paraphrases of it in the early 5th century and Simplicius of Cilicia wrote a commentary upon it in the 6th. The work was first published in Latin translation by Poliziano in Rome in 1493. This new translation was initially published by P. E. Matheson circa 1916.

Book Information

File Size: 870 KB

Print Length: 34 pages

Page Numbers Source ISBN: 152157376X

Publisher: LRP; 1 edition (June 21, 2017)

Publication Date: June 21, 2017

Sold by: Digital Services LLC

Language: English

ASIN: B0733ZMNR1

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Screen Reader: Supported

Enhanced Typesetting: Enabled

Best Sellers Rank: #184,992 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #38 in Kindle Store > Kindle eBooks > Nonfiction > Politics & Social Sciences > Philosophy > Free Will & Determinism #107 in Books > Politics & Social Sciences > Philosophy > Free Will & Determinism

Customer Reviews

The remarkable thing about this book is it contains so much wisdom in so few words. It truly lives up to its title - A Manual For Living. If there is any fault to be found with the book it would be in its brevity. I have read many books that say less in four times the number of words. It is really amazing

that so many of the truths of living a purposeful life filled with happiness have been around for so long. We struggle with day to day problems because we fail to seek the answers contained in this book. It is also amazing that most of todays graduates of institutions of higher learning do not possess the wisdom that Epictetus did. We seem to have become a nation concentrating on acquiring knowledge without learning how to apply that knowledge. Epictetus shows us the way to achieve our purpose in life. To achieve freedom, which he says is the ultimate way to live. Some of the better lessons are: You become what you give your attention to. Think things through and fully commit! A half-hearted spirit has no power. Tentative efforts lead to tentative outcomes. Wise people on the other hand realise that we are the source of everything good or bad. If you want all the wisdom without an excessive amount of reading, this book is for you. It is short enough you can read it weekly and let the concepts sink into your subconscious mind where they can lead you to the life you were designed to live.

Small book with sage advice on "Right Living" by a great philosopher, born a slave. Taught that philosophy was a way of life, not a theoretical discipline.

Written by Epictetus, the Stoic philosopher and once Roman slave who taught/influenced Marcus Aurelius, this book is basically an abridged version of his main teachings... Which he never wrote down! Having never written anything down, Epictetus' teachings seem to be hit or miss when it comes to translation. Most of the lessons in this book are about half of a very small page. Some of his lessons are absolute gems. Others seem to border on dressed up platitudes. I feel like this translation purposely tried to water down Epictetus' teachings to bring it to the common down... And I can't help but feel like there must be more to this! I got this book for under \$5. If you can too, it's a no-brainer. Great deal for some ancient reality checks!

I like the practical applications of timeless wisdom. It makes every day, a different adventure. Something to refer to any time of the day for a boost, a centering thought or just knowing that somebody really understood the human condition. I would compare it to sound principles for living.

Only a three star average, what a shame. A great book for every human being to read and heed. Not enough people care about the great historical minds, beliefs and philosophies of the past upon which society has been so much benefited anymore. Perhaps that is why we, and our leaders, fail

so much today.I have studied philosophies throughout my lifetime in search of basic truths and the founding philosophies of our beginning and the establishment of this great country of ours. If one can put aside partisan, political and special interest irrational disdain for the truth for a moment any student of the same knows that they (our founding fathers and mothers) were well read and well schooled on the great philosophies of the past and those of their present. It is amazing the amount of accumulated knowledge one can obtain without video games, television, epodes, cell phones, radio, the internet and the distractions of a hedonistic Hollywood entertainment industry in their lives. Here in this little book are many of the founding set of principles for the American Dream. Surely it is not the single source of the wisdom of the ages or the definitive foundation that the drafters of the Declaration of Independence and the Constitution of the United States used to produce this nation, but certainly one of the cornerstones in that logical process. Other reviewers incorrectly, I believe, associate it with Freudian teachings and others find it far too simple and morally founded to fit into their "far too liberal" ideologies. But one of its basic tenants that "Understanding what freedom really is and how it is achieved" is the key to all past logic. Also, that "freedom is not the right or ability to do whatever you please (a logic applied by our very first Supreme Court Justice...John Jay). But more "freedom comes from understanding the limits of our own power and the natural limits set in place by divine providence." Sound familiar, it certainly should, it could have been taken right out of the discussions during the fight for independence and the drafting of our most basic document, the Declaration of Independence. Lebell has certainly captured more of the inner man than Nicholas White's Handbook on Epictetus and those critics who previously said Lebell did not stay true to Epictetus' writings are way off base as he did not leave any writings and it all comes to us second hand and with that prejudices, personal baggage and misread interpretations. So as we all must decide which we will agree with I choose this wonderful "Little book of wisdom on how to live well." The logic in this interpretation certainly flows better and is proven by those who followed Epictetus than the Nay-Sayers who criticize it and its accuracy. Good job Sharon, I may indeed carry this treasure with me as an aid and comfort

Great Read. Highly Recommend!

SO many little nuggets that helped me get back into the right mindset.

I keep buying this little book and friends stop by, pick it up, and always ask to borrow--so I order another ;) Great book to pick up and read a page and contemplate it for the rest of the day.

[Download to continue reading...](#)

Minimalist Lifestyle: How to Start Living Simplistically Right Now (minimalist living, minimalism, living minimally, spirituality, declutter your home, decluttering, self-help, happiness, freedom,) Real Goods Solar Living Sourcebook: Your Complete Guide to Living beyond the Grid with Renewable Energy Technologies and Sustainable Living Tiny Houses : Beginners Guide: Tiny House Living On A Budget, Building Plans For A Tiny House, Enjoy Woodworking, Living Mortgage Free And Sustainably ... Design,construction,country living Book 1) The Encyclopedia of Country Living, 40th Anniversary Edition: The Original Manual for Living off the Land & Doing It Yourself The Ascension Manual: A Lightworker's Guide to Fifth Dimensional Living (The Ascension Manual Series Book 1) Today's Technician: Manual Transmissions and Transaxles Classroom Manual and Shop Manual, Spiral bound Version Echo Dot: Echo Dot User Manual: From Newbie to Expert in One Hour: Echo Dot 2nd Generation User Guide: (Echo, Dot, Echo Dot, ... Manual, Alexa, User Manual, Echo Dot ebook) The User Manual Manual : How to Research, Write, Test, Edit & Produce a Software Manual (Untechnical Press Books for Writers) Michigan Manual of Plastic Surgery (Lippincott Manual Series (Formerly known as the Spiral Manual Series)) Tiny Houses: The Ultimate Beginner's Guide! : 20 Space Hacks for Living Big in Your Tiny House (Tiny Homes, Small Home, Tiny House Plans, Tiny House Living Book 1) The Art of Living: Living within the Laws of Life Green Metropolis: Why Living Smaller, Living Closer, and Driving Less Are the Keys to Sustainability The Bible (student book): The Living Word of God (Living in Christ) Living Buddha, Living Christ Intentional Living: How To NOT Die With Regrets By Living A Life That Matters Minimalist Living: Declutter Your Home, Schedule & Digital Life for Simple Living (and Discover Why Less is More) The Materialistic World: How to Escape Materialism, Theory of Materialism, Mindful Living, Living with True Happiness (Get out of Materialism) Minimalist Living: Simplify Your Life: Living a Stress Free Minimalist Lifestyle with Less Clutter and More Happiness Less Is More: How To Live With Less Stuff For Greater Health And Happiness (Minimal Living, Minimalist Living Tips) Minimalist Living: Learning to love living with less (Minimalism and Decluttering)

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)